



## Juvederm Post Treatment Instructions

- Immediately after the treatment, the most commonly reported side effects were bruising, temporary redness and swelling at the injection site. Although these effects typically improve within two to three days, it may take up to 1 to 2 weeks to completely resolve.
- If you think you are having a problem after 2 to 3 days or if other reactions occur, please call Dr. O'Hara's staff at 937-293-9866.
- Cold compresses may be used immediately after treatment to reduce swelling.
- It is normal to feel firmness at your injection site for the first few days after treatment. Over time, the area will soften leaving you a natural looking result. You may also experience mild to moderate stinging or aching sensations after the injection.
- Tenderness at the treatment site is normal for the first few days.
- Avoid exercise and alcohol for 6 hours after treatment.
- Avoid pressure on the treated area for 6 hours after treatment. After that, the area can be gently washed with soap and water but do not scrub or use exfoliants. Makeup also may be used. Apply it gently, avoiding strenuous rubbing of the injection area.
- Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sun lamp or sun bathing).
- If you have recently suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to the doctor about medications that may prevent a recurrence.
- To ensure even distribution Dr. O'Hara will massage the treated areas. This may cause a temporary minimal to moderate amount of skin redness.
- Dr O'Hara may want to examine the treated areas 2 to 4 weeks after the treatment. If there is any noticeable irregularity after 2 weeks, please call for an immediate appointment.